



SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER

AMERICAN RIVER COLLEGE – LOS RIOS COMMUNITY COLLEGE DISTRICT

5146 Arnold Ave., Room 110A, McClellan, CA 95652

916-570-5000 (phone) 916-570-5023 (fax)

srcjtc@arc.losrios.edu (e-mail) <http://www.arc.losrios.edu/~safety> (web site)



WEAPONLESS DEFENSE INSTRUCTOR (BASIC)

COURSE DESCRIPTION: Basic Weaponless Defense Instructor is an 80-hour course of instruction designed for the experienced officer who conducts training for a law enforcement or related agency. Course work includes: current use-of-force techniques, policies, legal issues, and liability. The program will cover ground fighting: escape techniques, defense against violent assaults, and defense against armed assaults (clubs, knives, firearms).

Because this course is designed to provide practical hands on training in police tactics and weapon usage, participants in this course will engage in physically demanding classroom training exercises that include a risk of injury to the participants.

PREREQUISITES: Successful completion of a Basic Law Enforcement Academy or equivalent as determined by Dean.

MATERIALS NEEDED: Gym clothes, notebook, pen, and non-marking gym shoes

SCHEDULE:

Monday, September 15 – Friday, September 26, 2008.....	Fall 2008
Monday, November 10 – Friday, November 21, 2008.....	Fall 2008
Monday, February 16 – Friday, February 27, 2009.....	Spring 2009
Monday, May 4 – Friday, May 15, 2009.....	Summer 2009
Monday, September 7 – Friday, September 18, 2009.....	Fall 2009
Monday, November 9 – Friday, November 20, 2009.....	Fall 2009

HOURS: 8:00 a.m. – 5:00 p.m.

LOCATION: *Students to meet first day 8:00 a.m. at:*
[Sacramento Regional Public Safety Training Center](#)
5146 Arnold Avenue
McClellan, CA 95652

CLASSROOM LOCATION: [No California Regional Public Safety Training Center](#)
2409 Dean Street, Building 686
McClellan, CA 95652

CREDIT: Two and one-half (2.5) units through [American River College](#)

RESERVATIONS: Call 916-570-5000, fax 916-570-5023, or e-mail srcjtc@arc.losrios.edu

ENROLLMENT: All students are required to register prior to the first day of class to ensure they are current in our system. To register, please submit an on-line application to American River College (ARC) each semester. Please go to our website: www.arc.losrios.edu/safety. Click on "Registration", fill out all required fields and submit the application. ARC e-Services will send out two e-mails, one will be a confirmation of the application and the second will contain your permanent student identification number. Please contact us with your Student Id Number prior to the first day of class; this can be done by phone, fax or email.

CERTIFICATION: P.O.S.T. Plan II #2970-21635 and S.T.C. #0218-008086

FEES: \$105.00
\$50.00 Enrollment fee
\$55.00 Material fee
All fees subject to change