



SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER
AMERICAN RIVER COLLEGE – LOS RIOS COMMUNITY COLLEGE DISTRICT
 5146 Arnold Ave., McClellan, CA 95652
 916-570-5000 (phone) 916-570-5023 (fax)
srcjtc@arc.losrios.edu (e-mail) <http://www.arc.losrios.edu/~safety> (web site)



ADVANCED WEAPONLESS DEFENSE INSTRUCTOR (GROUND FIGHTING)

COURSE DESCRIPTION: Advanced Weaponless Defense Instructor (Ground Fighting) is a 40-hour course designed for the experienced officer who conducts training for law enforcement or related agencies. Course topics include: current use of force techniques, policies, legal issues, and liability. The program will cover ground fighting; escape techniques, defense against violent assaults, and defense against armed assailants (clubs, knives, firearms).

Because this course is designed to provide practical hands on training in police tactics and weapon usage, participants in this course will engage in physically demanding classroom training exercises that include a risk of injury to the participants.

PREREQUISITES: Must have successfully completed an Approved 80-hour Weaponless Defense Instructor Course AND show proof of completion the first day of the class. Those students who cannot show proof will not be allowed to participate.

MATERIALS NEEDED: Gym clothes, notebook, pen, and non-marking gym shoes

SCHEDULE:
 Monday, September 8 – Friday, September 12, 2008.....Fall 2008
 Monday, February 2 – Friday, February 6, 2009..... Spring 2009
 Monday, June 15 – Friday, June 19, 2009..... Summer 2009
 Monday, October 5 – Friday, October 9, 2009..... Fall 2009

HOURS: 8:00 a.m. - 5:00 p.m.

LOCATION: *Students to meet first day 8:00 a.m. at:*
[Sacramento Regional Public Safety Training Center](#)
 5146 Arnold Avenue
 McClellan, CA 95652

CLASSROOM LOCATION: [No CA Regional Public Safety Training College](#)
 2409 Dean Street, Building 686
 McClellan, CA 95652

FEES: \$74.00

\$20.00 Enrollment fee
 \$54.00 Material fee

*All fees subject to
change*

CREDIT: One (1) unit through [American River College](#)

RESERVATIONS: Call 916-570-5000, fax 916-570-5023, or e-mail srcjtc@arc.losrios.edu

ENROLLMENT: All students are required to register prior to the first day of class to ensure they are current in our system. To register, please submit an on-line application to American River College (ARC) each semester. Please go to our website: www.arc.losrios.edu/safety. Click on "Registration", fill out all required fields and submit the application. ARC e-Services will send out two e-mails, one will be a confirmation of the application and the second will contain your permanent student identification number. Please contact us with your Student Id Number prior to the first day of class; this can be done by phone, fax or email.

CERTIFICATION: P.O.S.T. Plan II #2970-21695 and S.T.C. #0218-008706