

Degree: A.A. - Family & Consumer Science

Area: Health & Education

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## Family and Consumer Science Degree

### Requirements for Degree Major 19 units

ECE 312	Child Development	3
FCS 301	Life Management	3
FASHN 320	Textiles	3
HM 315 Food	Theory and Preparation	4
NUTRI 300	Nutrition	3
<i>And a minimum of 3 units from the following:</i>		3
Any 3 unit IDES course.		

**Associate Degree Requirements:** The Family & Consumer Science Associate in Arts (A.A.) Degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See ARC graduation requirements.

### **FCS 301**      **Life Management**      **3 Units**

*Prerequisite: None*

*Course Transferable to CSU*

*Hours: 54 hours LEC*

This course is a broad based introduction to life survival skills, including effective functioning in changing family structures and societal pressures in the work place. Major topics include values identification, goals, skills for decision-making, time, money, energy, and conflict management, and techniques for improving self-understanding and interpersonal relationships.

### **FCS 303**      **Consumer Issues**      **3 Units**

*Prerequisite: None*

*Course Transferable to CSU*

*Hours: 54 hours LEC*

This course explores the role of the consumer in today's marketplace. It is designed to develop knowledge, techniques and attitudes necessary to become wise consumers. Information to develop skills for purchasing goods and services is provided. The course includes promotional devices, credit and contracts, complaint procedures and consumer protection.

### **FCS 498**      **Work Experience in Family and Consumer Science**      **1-4 Units**

*Prerequisite: None*

*Course Transferable to CSU*

*Hours: 18 hours LEC; 60-300 hours LAB*

This course provides practical experience in various situations for Family and Consumer Science majors. Students work in cooperating establishments in different areas in Family and Consumer Science. Recommended for those needing practical experience before employment. May be taken four times for credit up to a maximum of six units.